

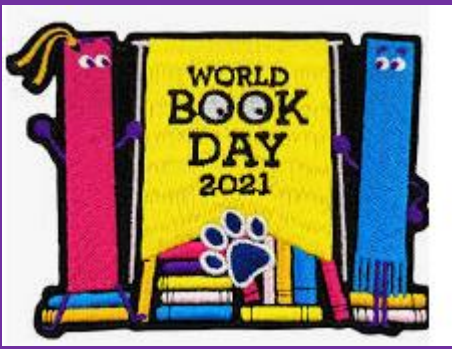
01/03/2021-05/03/2021

To celebrate world book day we are having a masked reader competition all this week. You can record a video of yourself with a mask on and we have to guess the reader.

You can use a virtual mask or make a mask. We will be posting the videos to Dojo and there will be prizes!



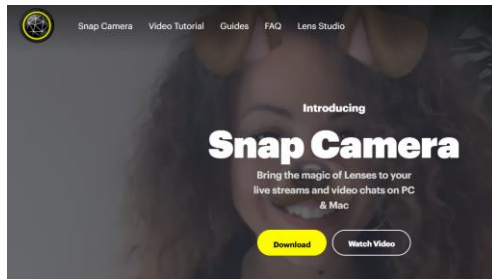
On Thursday, to celebrate World Book Day we will also be having a Pyjama-rama competition where you can wear your Pyjamas to your lesson and we will be doing a book quiz and fun reading activities!



# DIFFERENT FILTERS AND PROGRAMS YOU CAN USE TO RECORD YOUR VIDEO FOR MASKED READER COMPETITION!



Download Snap camera on your computer or phone  
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# *Today's Lent Challenge: Write a prayer for the keyworkers*

*Upload it on Dojo. You can also draw a picture of thanks beside your prayer.  
Have a look at the example below*

**NHS**

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those  
searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be  
restored to health;  
through Jesus Christ our Lord.

Amen.



# *Today's Lent Challenge: Listen to and pray the Examen at home.*

*The Examen is a type of prayer where we explore how we have seen God in our life over the last 24 hours*

*<https://www.ignatianspirituality.com/ignatian-prayer/the-examen/lunchtime-examen/>*

## **The Examen: A Daily Prayer**

- Thanksgiving. What am I especially grateful for in the past day . . . . .
- Petition. I am about to review my day; I ask for the light to know God and to know myself as God sees me.
- Review. Where have I felt true joy today? ...
- Response. ...
- A Look Ahead.



**Lunchtime EXAMEN**  
SESSION #1  
SIX SESSION PRAYER SERIES

Loyola Press  
Lunchtime Examen Session 1

SOUNDCLOUD  
Share

0:03 8:05

▶ 36.4K

Cookie policy

# *Today's Lent Challenge: Create a prayer table or area at home*

*A space where you and your family can gather for prayer*



# *Today's Lent Challenge: Record yourself reading this Lenten prayer with one of your family members*

Dearest Lord, I hope to be  
more observant of your grace.  
May you look upon my soul  
and may my sins erase.

May I know of sacrifice  
and cherish all you bless  
and act with courage to assist  
others who have less.

Prepare my soul for joy to come,  
and cleanse me of all sin.  
I'll wear my faith and do my best  
to nurture it within.

With a humble heart,  
I hope to be  
your faithful servant  
for all to see.  
Amen

# Today's Lent Challenge: Write a collect worship about the word "This is my beloved son Listen to him"



		Think about...
 <b>We gather</b>	We come together as part of God's family. Make everyone welcome!	<ul style="list-style-type: none"> <li>▪ Liturgical colours (Green, purple, white/gold, red)</li> <li>▪ Prayer focus table</li> <li>▪ Bible</li> <li>▪ Cross</li> <li>▪ Symbols/ objects/ pictures/ photos</li> <li>▪ Candle</li> <li>▪ Music</li> <li>▪ Sign of the cross</li> </ul>
 <b>We listen</b>	God speaks to us and we listen "This is my Beloved Son listen to him"	<ul style="list-style-type: none"> <li>▪ Bible Reading</li> </ul>
 <b>We respond</b>	We respond to the Word of God.	<ul style="list-style-type: none"> <li>▪ Prayer</li> <li>▪ Singing</li> <li>▪ Reflection</li> <li>▪ Sacred Silence</li> <li>▪ Dance</li> <li>▪ Gesture/ action</li> <li>▪ CAFOD story</li> <li>▪ Drama</li> <li>▪ Picture / photo</li> <li>▪ Create</li> </ul>
 <b>Going Forth</b>	We want to share the Good News!	<ul style="list-style-type: none"> <li>▪ Gospel phrase</li> <li>▪ Song</li> <li>▪ Learn about CAFOD</li> <li>▪ Tell others about CAFOD</li> <li>▪ Action</li> <li>▪ Campaign</li> <li>▪ Prayer card</li> <li>▪ Artefact</li> <li>▪ Picture</li> <li>▪ Big question</li> </ul>